

INTERESTED IN THIS GROUP?
CONTACT MERIBETH FOR
MORE INFORMATION

Childhood Trauma & The Creative Self

- One day a week for an hour and a half
- \$35.00 per meeting
- Closed group, min 6 session participation

Sign up
at
www.meribethrobinson.com

Childhood trauma causes a split in a child which can cause a child to disconnect from their sense of self and their creativity. As a result, children who experience trauma display behaviors that have a tendency to cause adults to view the child in terms of parts rather than wholeness. This training explores integrating these disconnected parts of a traumatized child's self. We will examine strategies for healing and reconnection to self as well as to the traumatized child's supports and surrounding environment. Meribeth will lead a group of 8 to 12 adults for eight weeks towards being able to better handle their anxiety.

To Contact Meribeth Robinson, MA, LMFT

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trauma

fear

disconnect

child

healing

reconnection

support

wholeness

